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主要新闻摘要

FREE

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Thumbs up for planning reforms

By Shane Scanlan

A year ago, the new CBD planning regime would have been unthinkable.

Back then, former planning minister "Mr Skyscraper" Matthew Guy was earning the ire of academics, architects, planners, councillors and CBD residents for his apparent unrestrained approach. But that's all changed now.

No one really knew what changes Labor would make, should it win the November state election. This was especially true when shadow planning minister Brian Tee lost his seat and former Melbourne lord mayor Richard Wynne was hastily thrust into the planning role.

Mr Wynne now appears to be at the start of a journey as a great planning reformer and he is making a lot of new friends along the way.

Of most significance is a new collegiate relationship with the City of Melbourne.

In justifying his sudden introduction of interim planning controls early in September, Mr Wynne tellingly used graphics taken from a private study published last year by ascending City of Melbourne planner Leanne Hodyl.

Such a ministerial endorsement of Ms Hodyl's exaggerated findings on relative density is evidence that the state and the city

are now aligned in their vision for the CBD.

Add to this the fact that the city was included in the secret before the interim controls were announced, and you get to see the full extent of the new relationship.

Another organisation clearly in favour with the State Government is the Office of the Victorian Government Architect, which is to provide subjective advice when asked.

The CBD has been crying out for a planning review for a long time. Apart from the obvious amenity issues that are arising, there has been a need for a consolidated and consistent plan for the whole area.

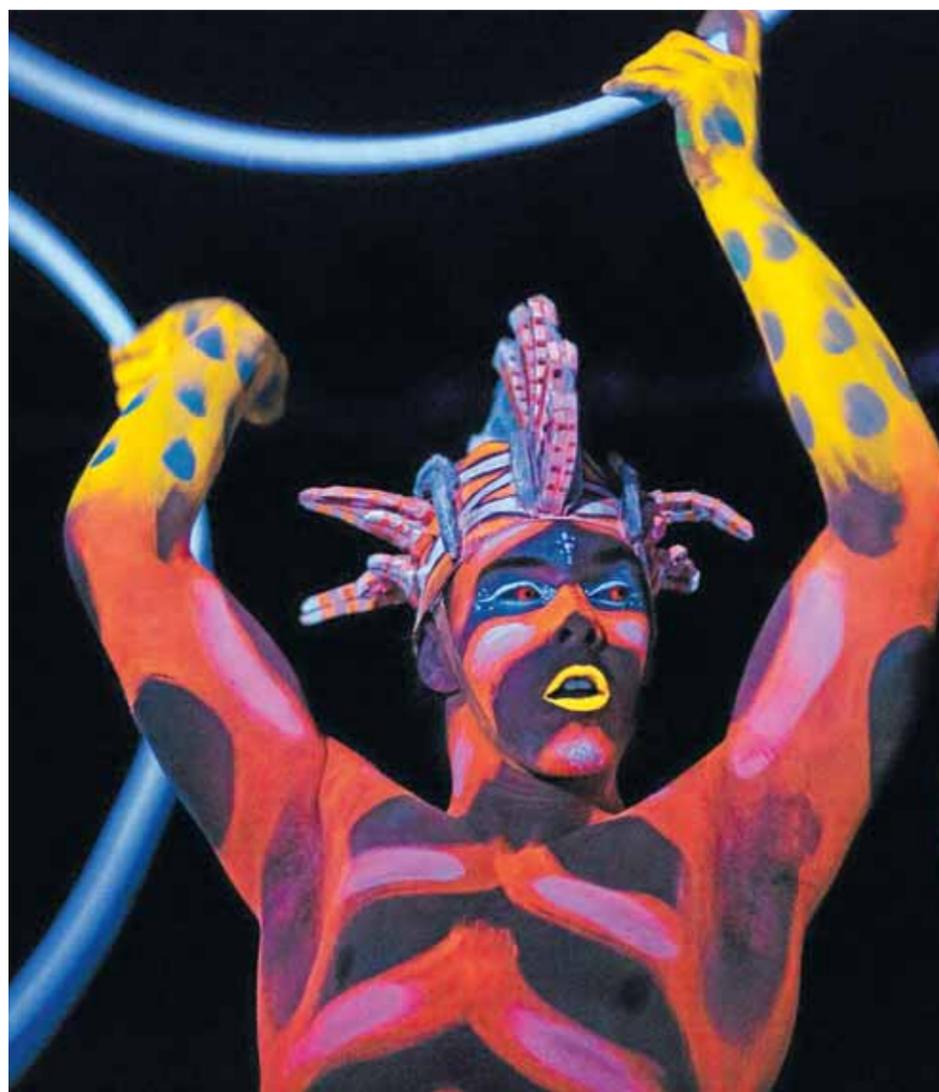
CBD News planning columnist Laurence Dragomir explains the detail of the interim planning controls in this edition on page 20. Suffice to say, they respond to just about all the criticisms leveled at Mr Guy during his term in office.

The interim controls address building heights, setbacks, separation, over-shadowing, wind effects and introduce a 24:1 plot ratio.

The development industry is unhappy with interim controls, particularly about the way they were announced without warning.

The Property Council says it is deeply concerned about the height limits and plot ratio controls "which will invariably stifle innovation and undermine investor confidence".

Continued page 3.



Glowing reviews for Fringe

Patrons at this year's Melbourne Fringe Festival couldn't miss this character emerging from the darkness during a "Luminous" performance last month.

Bodypaint artist Jessica Watson Miller and her band of iridescent illusionists thrilled spectators as they explored a world beyond the darkness.

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By Shane Scanlan

Some time ago Victoria Pajouhesh made a deeply difficult decision to have a double mastectomy as well as a hysterectomy to get on the right side of overwhelming odds of developing cancer.

More recently, the CBD business owner made the potentially-equally-brave decision to speak publicly about it.

Victoria's beloved mother Emelia tragically died at 43 from ovarian cancer. And, to meet Victoria is to realise just how young that is.

Now 43 herself, Victoria is a picture of health - fit, generous, catwalk-looks, intelligent. She has so much to give and so much to live for, which is why she has chosen radical surgery over the fear of cancer.

After her mother's death she underwent genetic testing which came up with abnormal levels of the BRCA1 gene, meaning an 80 per cent certainty of developing breast cancer and a 65 per cent chance of being struck by ovarian cancer.

"They recommended two steps - step 1 being a prophylactic double mastectomy followed by a full hysterectomy," Ms Pajouhesh said.

"At first I thought I would just do everything in my power to maintain good health," she said. "But, over time, I came around to accept what the numbers were saying."

About five years ago, Victoria found the inner strength and determination to undergo the double mastectomy.

It's only now that she has come to accept the wisdom of having the hysterectomy as well and is booked in for surgery in December.

"All sorts of things go through your head. To deliberately choose to bring on menopause is not something you take on lightly. I wasn't emotionally ready then, but I am now."

In the end, Victoria says she took her decision for the sake of her two children.

"I need to be around for them," she said.

Some of her friends with the same risk



Victoria Pajouhesh ... making the hard decisions.

profile have chosen not to be tested.

"It's their business and I respect their decision to rather not know," she said.

Victoria's journey on the fine edge of life has built and nurtured a passion for health.

She explained that she had always exercised and avoided known dangers such as drugs, tobacco and alcohol. But, it was the relatively recent revelation of the dangers of sugar that motivated her to become chief cheer-leader for "super foods".

Her business Cupp, on the ground level of the Manchester Unity building in Swanston St, is a testament to her passion.

Primarily a healthy larder for her dentist-husband and staff on upper levels, Ms

Pajouhesh is on more of a personal crusade than building a business empire.

"Even if the business doesn't make money, it's worth doing for the health benefits," she said. "It's become a necessity."

She is proud that her food and personal advice has become a part of the curriculum for one of Melbourne's finest private schools for girls.

Victoria raises funds for the Ovarian Cancer Research Foundation and has become close with leading luminaries.

"In Australia, one woman dies from ovarian cancer every six minutes," she said. "It's important that people know that genetic testing is available and options exist to help avoid cancers."




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Thumbs up for planning reforms

From page 1

However, it appears that very few have been inconvenienced and there is discretion to deal fairly with disadvantaged applicants.

CBRE real estate CBD specialist Paul Tzamalidis says the prospect of planning certainty in the CBD is to be celebrated and will lead to better outcomes for everyone.

"If anything, it will shape the city with a bit of vision," Mr Tzamalidis said. "If developers are given more guidelines, there will be more confidence in the market."

He said certainty in Sydney was one reason the market there was so valuable.

Mr Tzamalidis conceded that the value of some smaller sites may drop under the new regime but increasingly-rare larger sites would continue to appreciate.

"It's the scarcity of good sites which drives the value of the market," he said.

Melbourne is also unlikely to suffer a slow-down because of the huge number of approvals awaiting construction and also the large numbers of applications already lodged under the old rules. These numbers were artificially inflated by a price rise which came into effect on July 1, which resulted in a stampede of hastily-prepared applications.

While there are been a lot of commentary on the effects of the interim controls, the real focus should be on what comes out the other end of the 12-month review.

It is hoped that whatever controls eventuate, they make the city a better place to live and work and, just as importantly, all the players understands exactly where they stand.

Short-stays head back to Supreme Court

The long-running dispute between inner-city residents and short-stay apartment operators took another twist last month with the Watergate owners' corporation (OC) voting to take its grievance to the Supreme Court.

The Docklands-based OC was on the losing end of a recent Victorian Civil and Administrative Tribunal (VCAT) hearing which determined it had no power to mandate minimum letting periods.

VCAT Member Linda Rowland in June found that OCs generally did not have the power to make such rules – potentially affecting owners' corporations across the state.

But in a significant show of strength, Watergate owners on September 14 passed a special resolution to appeal the matter in the Supreme Court. More than 50 per cent (but less than 75 per cent) of lot owners voted to take the court action, which means the matter will have to wait a month before becoming formal.

The OC's lawyer Tom Bacon promised the matter would be "very cheap", compared with the hundreds of thousands of dollars the building had already spent fighting short-stays.

He said evidence already presented at VCAT would be submitted in documentary form and he predicted actual court time as "less than a day".

The Watergate case has become a state-wide test case in the battle against short-stay letting in residential apartments.

Mr Bacon told the special meeting that a specialist panel convened to advise the Planning Minister Richard Wynne and Consumer Affairs Ministers Jane Garrett had resulted in an impasse and the government was consulting more widely.

A spokesperson for Ms Garrett told *CBD News* the Government intended to "make any necessary changes to the Owners Corporations Act 2006 by early next year."

The spokesperson said: "The Victorian Government is committed to improving the regulation of apartment buildings so that property is protected from unruly short-stay parties."

Mr Bacon encouraged owners to take the fight to the Supreme Court because the Government was "watching" and would be less inclined to act in residents' favour if the vote failed.

"Consumer Affairs representatives are watching to see what Watergate does," he said.

Mr Bacon also acknowledged that it was

unfair that Watergate owners should fund the action, considering OCs around the state would stand to benefit if they won.

Votes taken from the 100 or so residents at the meeting were not actually needed, as the OC committee had previously obtained more than 50 per cent of lot liability in proxies.

Watergate residents have been fighting short stays through various tribunals since 2011 when they joined the City of Melbourne in taking short-stay operators to the Building Appeals Board and had a brief win.

The win was later overturned at the Supreme Court of Appeal and the OC more recently took short-stay operator Paul Salter and his Docklands Executive Apartments to VCAT on a range of matters, including breaching a rule prohibiting stays of less than 30 days.

Mr Salter, a resident of Watergate, addressed the meeting following the vote, urging an end to the legal spending.

He said his business and owners should work together without further legal action, but warned that the wider short-stay industry was behind him and would support him financially.

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Noise wars: A guide to CBD survival

By Shane Scanlan

If you are thinking about living in the CBD, you would do well to find a spot in these three garbage-truck-restricted zones (see map).

The City of Melbourne bans garbage trucks in these areas between 11 pm and 6 am every night of the week:

- Flinders Lane between Swanston St and Mill Place and adjoining laneways;
- Hardware St and Finlay Alley; and
- Little Collins St between Queen and William streets and the adjoining laneways.

According to the council the restricted access zones for waste are chosen by giving areas a score based on the number of rubbish bins nearby, the number of waste companies collecting and the number of residential apartments, hostel beds and hotel rooms within a 50 metre radius of where the collections take place. An area becomes a restricted access zone if it exceeds a threshold score.

For the rest of us, it's business as usual – being disturbed by garbage trucks, the most consistent source of CBD noise pollution.

The procession starts before 10pm and only abates with the rising sun. There are more than 30 council-registered waste collection companies sending trucks into the CBD. They use different trucks for landfill and recycling and this number doesn't include other companies that collect trade waste or confidential paper bins.

There are three associated noises – the truck itself (annoying, but tolerable), the sound of contents being lifted and dumped (only a problem when glass is being collected) and the hydraulic whining of the compaction that follows (the worst sound of all).

The council says it is prevented from mandating a single collection company by federal competition legislation, but doesn't have the appetite to test this.

Rather than "stopping the trucks" (to steal a slogan from a former prime minister), the council runs four compactors in isolated laneways which, it says, reduces the quantum of rubbish and, therefore, the number of collection trucks. For this system to work, people need to bring their waste to the compactor, a significant cultural change for residents and businesses used to a far less strenuous regime.

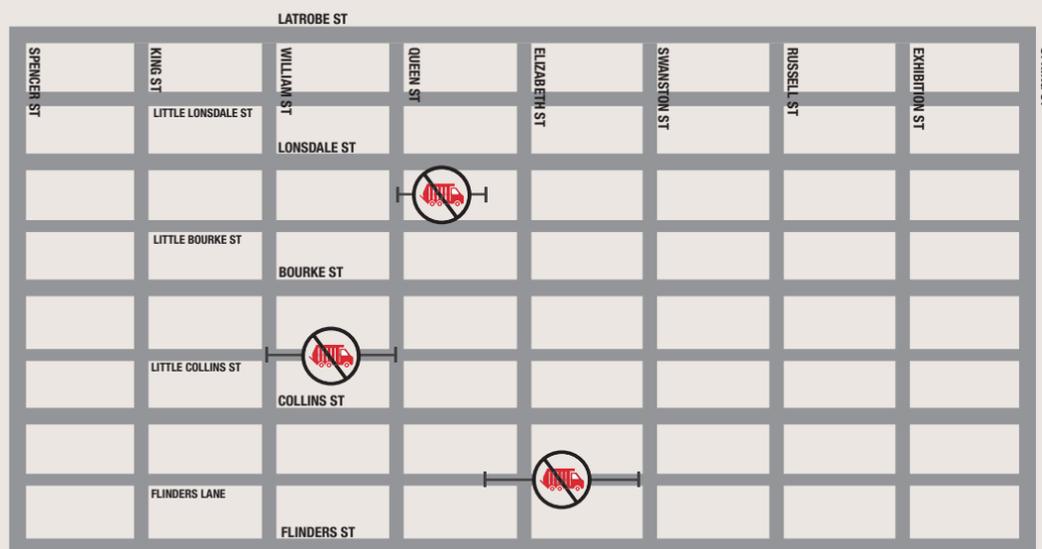
In its recently-approved Waste and Resource Recovery Plan 2015-18, the council has undertaken to install three new compactors in three "precincts" at a cost of \$540,000 by 2018.

The three new areas are:

- Area bounded by Swanston St, Collins St, Elizabeth St and Bourke St;
- Area bounded by Swanston St, Flinders St, Elizabeth St and Collins St; and
- Area bounded by Swanston St, Bourke St, Russell St and Lonsdale St.

GARBAGE TRUCK RESTRICTION ZONES IN THE CBD

The City of Melbourne bans garbage trucks in these areas between 11 pm and 6 am every night of the week



The idea that residents and businesses will take their rubbish to a compactor which could be up top a city block away is ambitious to say the least.

And, of course, the discussion to date has been all about the waste, not noise.

It doesn't take long to find online scientific papers connecting noise with stress and other illnesses. But it is unlikely the council's risk assessors have considered the municipality's potential liability to noise-related claims.

Research also shows that hearing is damaged when subjected to consistent noise levels of 85 decibels (dB), a level that is exceeded by a multitude of everyday city sounds, including garbage trucks.

Buskers are in breach of their permit conditions (outside the Bourke St Mall) if they exceed 75dB but, with ambient street background noise running at more than this, they would struggle to be heard at this level.

Buskers are supposed to stop at 10pm on weekdays and at 11pm on weekends but, as residents will tell you, with no council compliance officers working that late, it is a free-for-all on our streets at night. Some don't even start until after these times.

Buskers top the list of noise complaints to the council. Without vigilant and combative resident response, nightclubs seem to please themselves too.

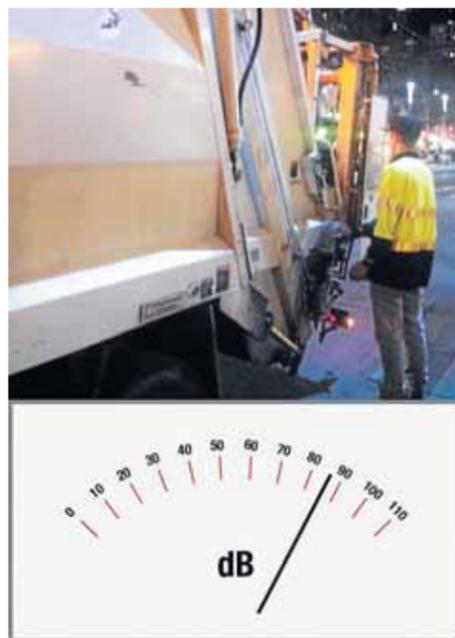
Even ambient noise inside cafes and restaurants is consistently around the 80dB level.

Trams put out 85dB at crossroads, compacting garbage trucks register nearly 90dB and a modestly-amplified busker registers 90dB.

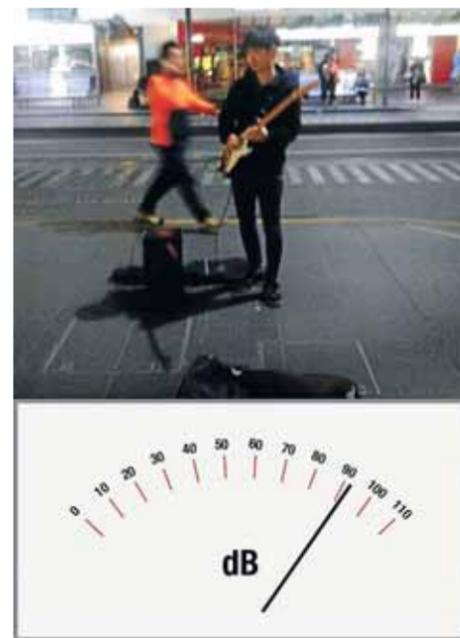
The noise levels within the CBD have been rising in direct proportion to activity. Everything, it seems, is mechanised and there is no attention to muffling the mechanisation. Street-sweepers no longer use brooms. They ride around on, or walk behind of, noisy machines.

Broken sleep and being subjected to consistent noise takes its toll. It's tiring. Draining. It needs to figure in the minds of town hall decision-makers.

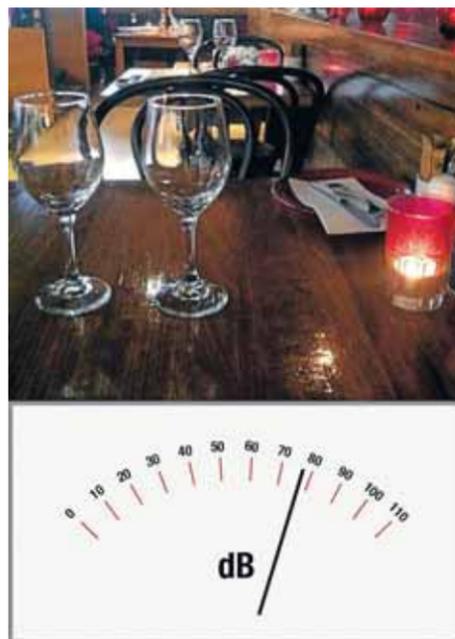
How loud is the CBD? These readings were taken from iPhone app "Decibels".



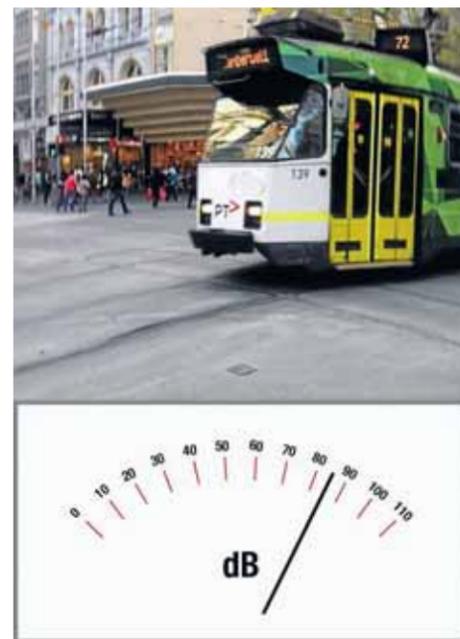
Garbage truck compacting.



Amplified busking.



Cafe without people - just background music.



Tram crossing tracks.

Food is the ultimate uniting force

By Katie Wong Hoy

When Pheh Sze Teh (known as PS) migrated to Australia from Malaysia 10 years ago, she was a food lover with a big dream.

In 2015 the CBD-based pharmacist consolidated FoodSocial, a network connecting food lovers across Melbourne through social events.

“I always wanted to start my own business and I am very passionate about food,” PS said.

“Everywhere I go, I kind of connect with food lovers and it’s a great way to meet people as well.”

PS studied in the United Kingdom and has been a CBD resident for 10 years. She moved to Australia without having visited the country and decided Melbourne was where she was going to call home.

“I got lost twice in the day in Sydney so I figured that’s not the right city for me ... I love Europe and Melbourne is an extension of Europe. It has a more European feel to it,” she said.

Now, 10 years later, PS loves living in the city. Regarded by many as the food capital of Australia, it is easy to see why.

“I’ve always lived in the CBD and lots of



Pheh Sze Teh loves living in the CBD. The social entrepreneur has seen the area change dramatically in the last 10 years.

things have changed in the 10 years. I love the convenience. I can just walk to anywhere I want or take the tram,” she said.

“You have nice little pockets of alleyways and little lanes ... it’s kind of tucked away ... once you open a (restaurant) door, there’s a different world underneath and I think that is what makes Melbourne so special, especially the CBD.”

Upon settling into Australian life, PS started up a food blog to break into the food

industry. Before long, she was considered a Melbourne food expert. In 2011 FoodSocial was created as a hobby, which has now grown into a business.

Each month, FoodSocial members can meet together for social events with a focus on food. The next major CBD FoodSocial event will be held at Denmark House on October 23.

PS says FoodSocial is an interactive and unique way for tourists and locals alike to come together and explore what

Melbourne’s food scene has to offer.

In the future, she hopes to start up FoodSocial groups in various cities around Australia linking people from across the country.

“The vision is to connect food lovers city by city ... it’s a different kind of experience,” PS said. “I’ve achieved my first dream, which is to become a registered pharmacist overseas and this is my second dream. It’s never too late.”

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便利店大增的反映

—撰稿人 Jack Hayes

便利店在市中心的迅速增长是城市居住人口膨胀的可见指标。

多年来一直由“小角色”提供服务，如今市中心居民终于吸引了零售业“老大哥”的关注。

Woolworths超市大张旗鼓地进入了这个市场，在Bourke, Swanston 和 Flinders 街迅速地建立了一种新的混合型“中型超市”，并且还计划在Elizabeth街再建一家与Coles Express便利店展开争夺战。

1997年，市中心仅有4家便利店，而现在已经暴增至近100家。

CBRE租赁中介扎尔曼·艾恩思沃斯 (Zelman Ainsworth) 说，毫无疑问主要商家现在都看好市中心居民这个利润丰厚的市场。

艾恩思沃斯先生说，10年前当Woolworths超市建在QV商场的时候，那时还没听说过有大超市在市中心经营的。

他说道：“现在这家Woolworths超市是其盈利最高的一家”。

他说：“市中心发生了动态变化”，“随着数以万计的人口生活在市中心，现在这些居民正是市场激烈争夺的对象。”

Watergate公寓的短期住宿一案将再告至州最高法院

编辑：Shane Scanlan

市内居民与公寓短期住宿运营商之间的长期争端又进行了一次较量，上个月Watergate物业管理(OC)通过投票将此争议上诉至州最高法院。

在最近一次维多利亚州民事及行政仲裁庭 (VCAT) 的审理中，道克兰区的物业管理(OC)由于被裁定没有权力强制限制最低出租期限而败诉。

VCAT仲裁官琳达·罗兰 (Linda Rowland) 在六月份作出裁决，物业管理(OC)一般没有权力制定这样的规则，这可能会影响到整个州的物业管理操作。

但是在9月14日，水门公寓 (Watergate) 的物主们开会通过一项特别决议，将此案上诉至州最高法院，以显示他们对此案的决心。超过50% (但低于75%) 的物主投票赞成采取法律行动，这意味着此事将在一个月以后才能正式付诸行动。

这家物业管理的律师汤姆·培根 (Tom Bacon) 承诺，相比已经花费了数十万澳元的诉讼费而言，这次上诉的费用将会“非常低”。

他说，原先在仲裁庭 (VCAT) 上已经提出的证据将会整理成文件形式提交，他预计这次实际开庭的时间会在“一天之内”。

选择预防癌变的生活

编辑：Shane Scanlan

前些时间，维多利亚·帕尤哈旭 (Victoria Pajouhesh) 做了一个非常艰难的决定，做双乳切除和子宫切除手术，这样可以有效地防止极有可能发展的癌变。

这位在市中心的生意业主最近还作出了一个同样勇敢的决定，要公开地谈论这个话题。维多利亚的母亲阿米莉亚 (Emelia) 患卵巢癌不幸在43岁时去世。如今，见到同样年龄的维多利亚，你会感到这是多么年轻的年龄。

维多利亚现在也正是43岁，看上去健康得体，精明大方，身材匀称，像时装模特一般。她为了能作出更多贡献，以及有更多的生活享受，所以就选择了这根治性的手术来克服对癌症的恐惧。

维多利亚在母亲去世后做了基因检测，由此测出乳腺癌1号 (BRCA1) 基因的异常指数，这意味着她有80%的机会患乳腺癌和65%的机会得卵巢癌。

她说：“他们当时建议了两个步骤，第一步是做预防性的双乳切除手术，接着第二步是做全子宫切除手术”。

她还说：“起初我以为只要靠自己的力量和努力，就可以保持身体健康”，“可后来随着时间的推移，我开始接受那些检查数据所告知的”。

大约五年前，维多利亚毅然决定做了双乳切除手术。现在她还是接受这一科学数据，又预订了12月份做子宫切除手术。



Victoria Pajouhesh ... making the hard decisions.

“平安回家”影响未知

当地警方正在考虑如果明年实施24小时公共交通平安回家 (Homesafe) 的营运试验，对市中心的影响将会如何。

保罗·亨利 (Paul Henry) 警官在9月16日告知当地的安全和保安委员会，警方在使用有关数据模型，试图预测其结果。

他说“我们能拿出的最贴切的比较数据就是‘白昼夜’的数据，但是我们真的不清楚将来带来的影响会是如何”。

从新年元旦开始，周末会选择部分火车，电车和公共汽车线路实行24小时营运。

亨利警官说，额外的火车，电车和公共汽车服务，将有助于疏清凌晨的城市交通，理论上说此项服务也会让更多的人进入市中心。

他说“我们不清楚在凌晨1时至早上7时之间，市中心是否会有更多或更少的人。”

为市中心规划改革叫好

如此市中心规划的新体制在一年前是不可思议的。

当时前任规划厅长是那位“空中景观先生”马修·盖 (Matthew Guy)，由于他那明显没有限制的做法，曾引起学者、建筑师、规划师、议员和市中心居民的愤怒。但是，现在这一切都改变了。

没有人真正知道如果工党赢得了十一月州选举后会带来什么样的变化。只有当影子规划厅长布赖恩·提 (Brian Tee) 失去了他的议席，前墨尔本市长理查德·韦恩 (Richard Wynne) 被匆匆地推到了这个规划厅长职位之后，才知道确实改变了。

韦恩先生现在作为一个伟大的规划改革者开始了一个新的旅程，在其过程中，也交了很多新朋友。最重要的是与墨尔本市政府建立了一个新的工作关系。

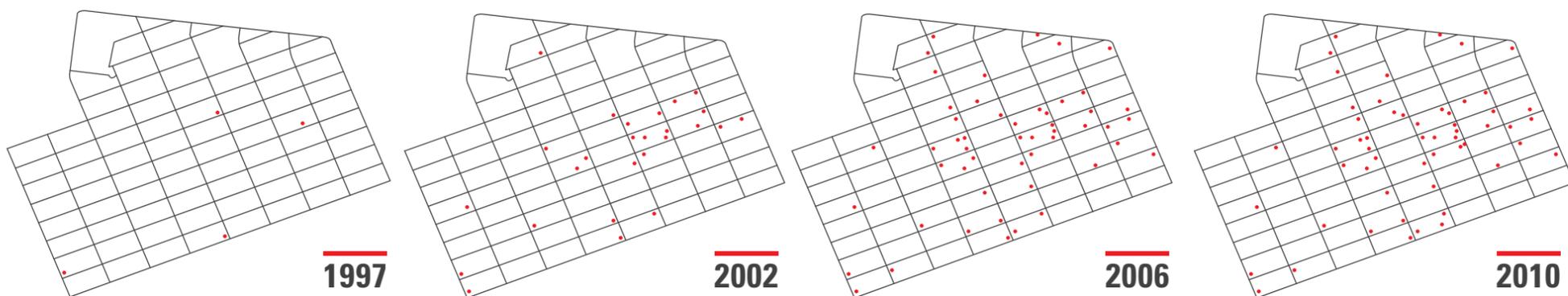
九月初韦恩先生突然出任临时规划厅长后，他显然地使用了一份去年公布的私人研究资料图表，

这项研究是由丽安·侯道尔 (Leanne Hodyl) 这位后来出任墨尔本市政府规划师所做的。

对侯道尔女士“城市相对密度”的夸张发现所给予的一个州政府厅长的认可，表明了对市中心的远景问题上，州政府和市政府的眼光可为一致的了。

除此之外，在宣布韦恩临时接任之前，他和该市府的关系还是个秘密，这样就更能看出其进一步的新关系了。





Convenience stores mirror growth

By Jack Hayes

The burgeoning number of convenience stores in the CBD is a visible indication of the city's massive residential population growth.

After years of being serviced by the "bit players", the local residential population has finally attracted the retailing attention of the "big boys".

Woolworths has entered the market in a big way and has rapidly established a new hybrid-type "midi-market" on Bourke, Swanston and Flinders streets and is planning one in Elizabeth St to go head-to-head with the nearby Coles Express.

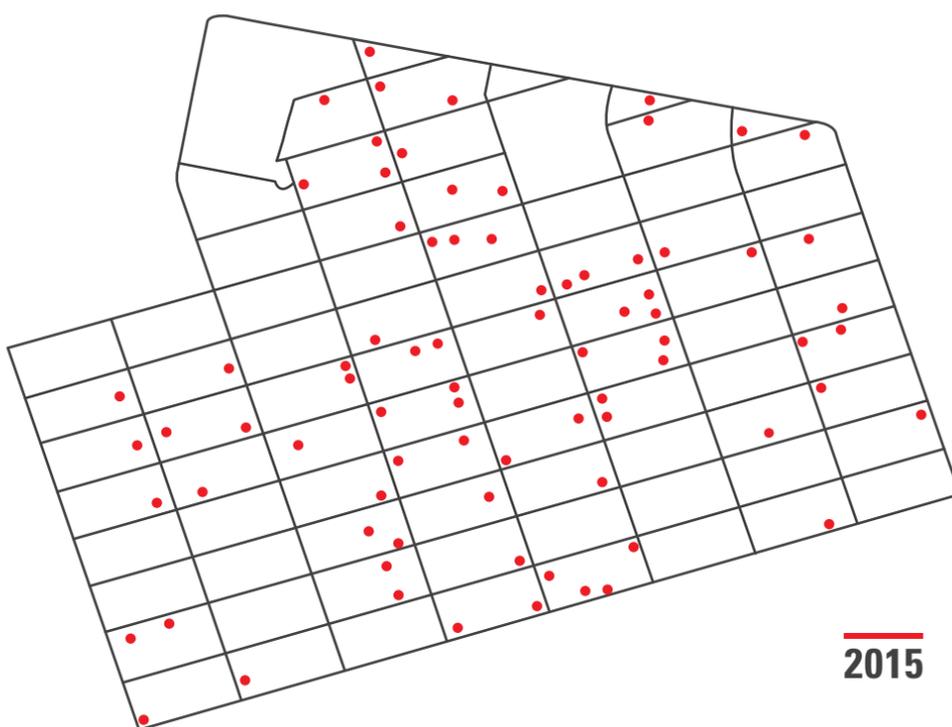
In 1997 there were only four convenience stores in the CBD. This number has now jumped to almost 100.

CBRE leasing agent Zelman Ainsworth says there is no doubt that the major players now saw the local residents as a lucrative market.

Mr Ainsworth said when Woolworths went into QV about 10 years ago it was unheard of for a supermarket to trade in the CBD.

"Now it's a top performing store for Woolworths," he said.

"The dynamic in the city has changed," he



2015: Circa 100 CBD convenience stores

said. "With tens of thousands of people now living in the city, residents are now a market being aggressively contested."

Mr Ainsworth predicted that convenience store operators would soon follow overseas

grocery trends of offering even smaller quantities of products, as their customer typically do more shops a week to minimise clutter in their CBD apartments.

"In the next wave, you will see people

offering half a loaf of bread," Mr Ainsworth said. "It's becoming a one-day shopping market."

With an increasing number of Coles and Woolworths "midi" supermarkets popping up, comes the threat of a convenience store duopoly in the CBD.

Should this trend continue, these gigantic companies could force convenience store owners and workers alike out of their jobs.

Residents have been piling into Melbourne's central business district at a remarkable rate over the past few - a trend that is set to continue for years to come.

The number of residents in the CBD has jumped by more than 2000 in the last two years. According to the City of Melbourne, the population has grown from 29,322 residents in 2013 to a current population of 31,438.

By 2035 the population of the CBD is expected to reach 61,351. This is a 95 per cent increase on the current population.

Interestingly, with this rapid growth in population, the average number of residents living in an occupied dwelling in the CBD is set to decrease from two residents per dwelling to 1.56 in the longer term.

The trend for single-person dwellings is on the rise in the CBD.

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The city's new men's shed unveiled

By Sean Car

The Melbourne Men's Shed was officially opened on Monday, September 7 at Federation Square - a first for CBD residents.

Lord Mayor Robert Doyle and Minister for Families and Children and Youth Affairs Jenny Mikakos were among a number of distinguished guests who joined Melbourne Men Shed chairman Alan Seale to unveil the new facility.

Funded by the City of Melbourne as well as both past and present state governments, the Melbourne Men's Shed offers local men a place to repair toys for the Royal Children's Hospital, information about healthy living and take classes in a range of activities.

Having been operational since March, the centre is already home to more than 30 members and is open to everyone, including retired, unemployed, disabled and socially disadvantaged people.

Minister Jenny Mikakos praised the work of shed members who had contributed more than 400 hours of volunteer labour to make the project possible.

"I have to say, as someone who's visited a number of men's sheds right across the state



(Left to right) Alan Seale, Tony Bright, Cr Robert Doyle, Mary Wooldridge, Cr Beverley Pinder-Mortimer, Cr Richard Foster and Jenny Mikakos at the new men's shed launch.

now, I think this has to be the flashiest men's shed that I've seen to date!" she said.

Located on level one of the Federation Square car park, on the corner of Flinders St and Russell Court, the Men's Shed is housed inside the former home of Travellers Aid.

In February last year, Lord Mayor Robert Doyle joined former Victorian Minister for Community Services Mary Wooldridge to announce council and State Government funding for the project.

Federation Square, Monash University, the Rotary Club of Central Melbourne, the East Melbourne Group and Woods Bagot Architects also contributed significantly.

The shed is open on Mondays (10am - 2pm), Tuesdays (10am-1pm) and on the second Saturday of each month (1pm - 3pm).

The shed has been many years in the making and is the result of a convergence of demand from within the Melbourne municipality.

Cr Beverley Pinder-Mortimer was

instrumental in harnessing and directing support for the project from East Melbourne residents and brokered a meeting with the Lord Mayor back in 2012.

"I am elated to see the City Men's Shed come to fruition and excited about the opportunity to meld the generations through engagement with schools and other youth organisations," Cr Pinder-Mortimer said.

For further information see www.melbournemensshed.org

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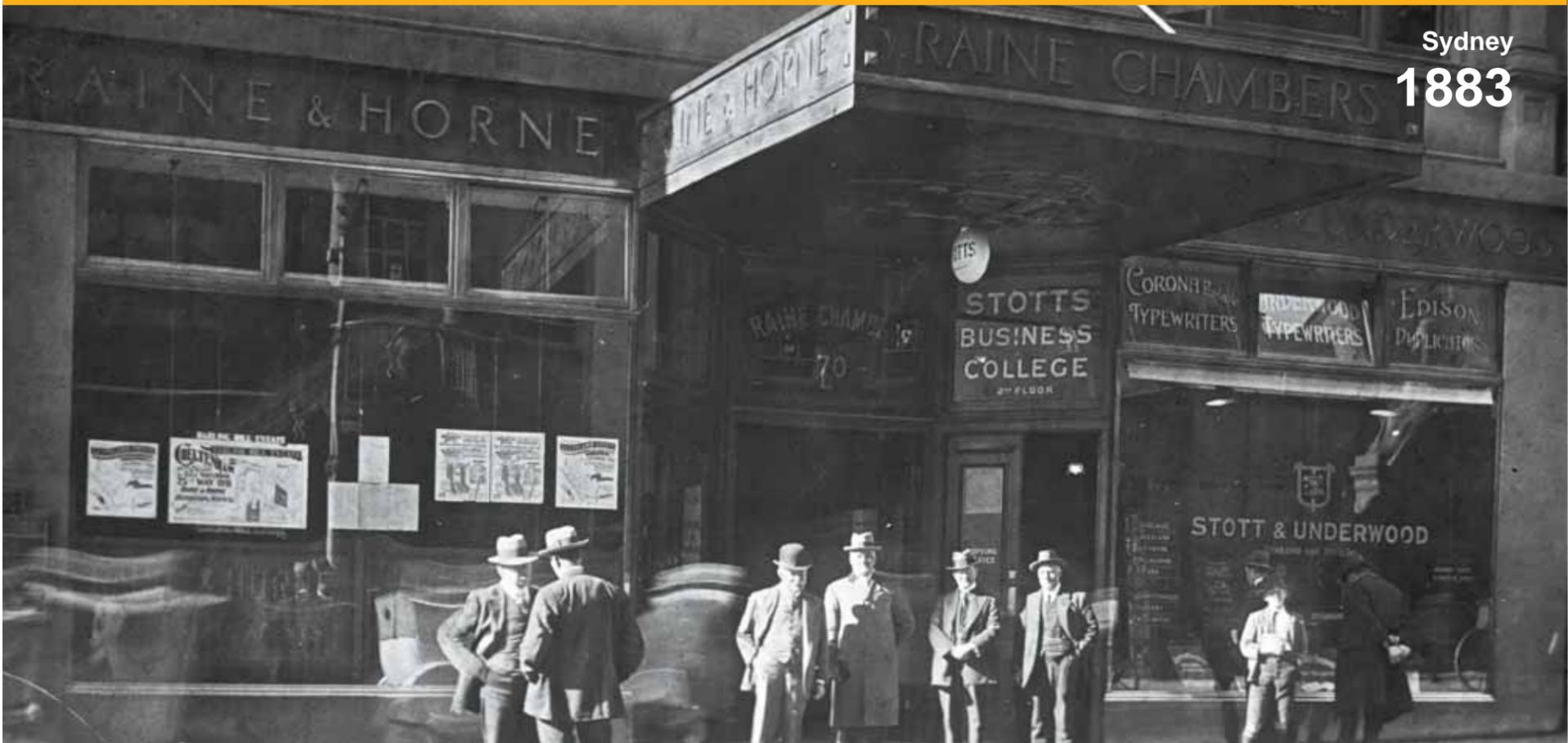
Dr. James Khong MB.BSS. FACNEM

Goddess Wellness Centre
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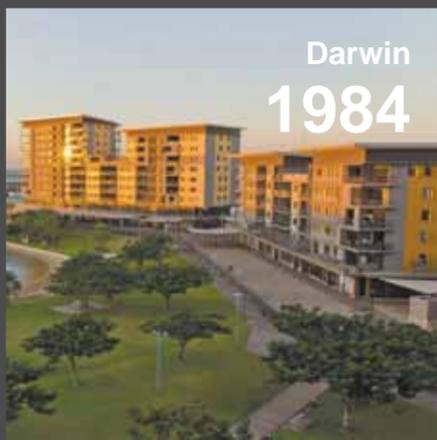


Sydney
1883

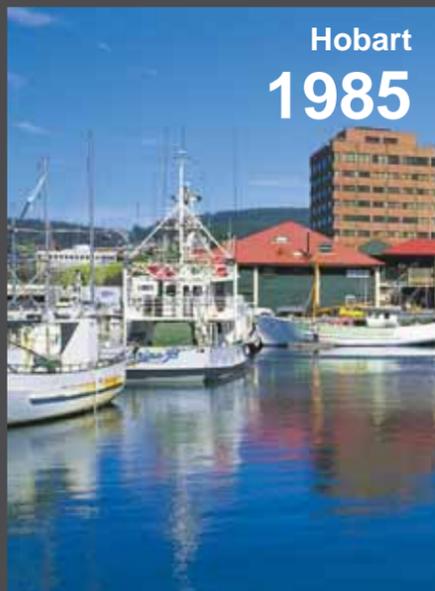
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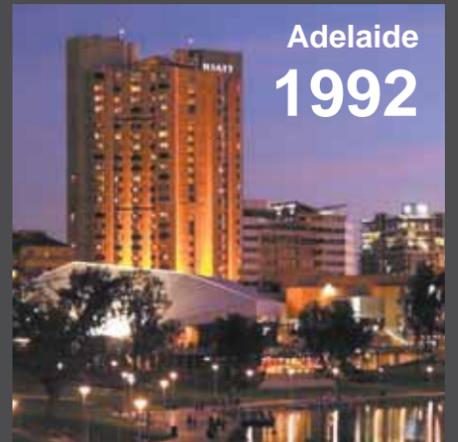
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2014



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Launching Commission Lane in style.

Old lane gets a new name

The residents adjacent to the city's newest (old) laneway celebrated long and hard last month when their lane finally got a name.

Commissioner Lane is now the official name for the lane beside the Grand Central Apartments in Spencer St.

Resident Mike Kelly explained that the lane used to be called Southern Cross Lane, until it was discovered that Southern Cross Lane already existed elsewhere.

Mr Kelly has been trying "on and off" since 2010 to achieve a new name for the lane.

"It's quite a process," he said with an air of understatement.

Mr Kelly said Melbourne councillor Kevin Louey and Helen Loulouris from the city's land survey team took up the cause.

"We finally got it done," Mr Kelly said. "We had big celebration at Rab Bar on September 4 and those still standing walked down to the corner for a photo."

He said the residents "went a bit overboard" and had created special drinks, T-shirts and tea towels for the occasion.

Mr Kelly said there had been a laneway in the area since at least the late 1870s.

"The name Commissioners honours the railway commissioners who were appointed to run the Victorian Railways," he said. "They ruled from 1884 until 1973."

"The commissioners were powerful figures in the Victorian Railways and only really answered to the Victorian Government."

"Most of their tenure was conducted at the magnificent Victorian Railways Administration Building at 67 Spencer St."

"Today this building is one of Melbourne and Docklands' treasures and houses the Grand Central Apartments and the Grand Hotel complex."

Mr Kelly said that, even for purely practical reasons, it was worth celebrating that the lane finally had a name.

"Now that the lane has a name, it will make it easier for all those who need to use it and it also appropriately honours the commissioners and the famous building they ruled from - the grand old lady of Spencer St," he said.

Homesafe implications unknown at this stage

Local police are wondering if the 24-hour public transport Homesafe experiment next year will be good or bad for the CBD.

Sen-Sgt Paul Henry told a local safety and security committee on September 16 that police were using data modeling in an attempt to predict the outcome.

"The closest comparison we can come up with is White Night, but we really don't know how it is going to play out," he said.

From New Year's Day, selected train, tram and bus routes will operate 24 hours on weekends.

The State Government was last year elected on a platform to trial the idea for 12 months. According to Transport Minister Jacinta Allan, the trial is about giving non-city dwellers the opportunity to enjoy the CBD and get home safely.

"People who live in the outer suburbs and

regional areas shouldn't have to miss out on Melbourne's vibrant night life. This trial is about giving them a safe and affordable way to get home," Ms Allan said.

Sen-Sgt Henry said, while extra trains, trams and buses would help clear the city in the early hours of the morning, the services could theoretically also bring more people into the CBD.

"We don't know whether we will have more or fewer people in the city between 1 am and 7 am," Sen-Sgt Henry said.

He said, because Flinders Street Station would be the sole CBD train focus, it could also result in the east of the city becoming disproportionately crowded.

Flinders St could also become a major pedestrian thoroughfare as revelers from the west end of the city make their way to the station, he said.

Sen-Sgt Henry asked community representatives for their own thoughts about how the 24-hour transport might play out.

"We can try to predict what will happen, but we don't really know," he said.

Begging program concludes

Police operation Minta concluded last month with fewer than usual CBD beggars being diverted into welfare programs.

During August and September, local police worked with the courts, the City of Melbourne and welfare agencies to seek more permanent help for people found begging on city streets.

Acting Sen Sgt John Petersen told a safety and security committee on September 16

that, while there was still two weeks to run, numbers were down on previous years.

He said 26 beggars were processed in 2013, 19 last year and 17 this year. He said police charged the beggars so they could be brought before the courts and then diverted into suitable welfare programs.

"There are no bail conditions, they are not convicted but they are diverted on the condition that they accept help from the Salvation Army and other services," he said.

Community representatives at the meeting expressed gratitude to local police for their positive and respectful manner of dealing with a complex social problem.

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Melbourne Knowledge Week

Melbourne Knowledge Week is taking place from Monday, October 19 until Sunday, October 25. It is a multi-format festival that is dedicated to the latest trends, ideas and innovations of the knowledge sector.

There will be a host of workshops, classes and events during the week that like-minded thinkers, entrepreneurs and industry professionals can enjoy.

Melbourne Knowledge Week will focus on five categories, including innovation and technology, design and urban planning, community learning, health and medical and creative culture.

Knowledge Week is designed to promote and strengthen Melbourne's knowledge sector. It might be a brainy event, but the variety of events on offer sound intriguing (and plenty of them are free!).

Visit www.thatsmelbourne.com.au/whatson/knowledgeweek to see the program.



Multiculturalism in Australian Football

The Immigration Museum has teamed up with the AFL to present a photographic exhibition that celebrates the cultural diversity in football.

Rare photos will be on display from private and official AFL collections. Australian football has always had the power to bring people together, and this exhibition shows how multicultural communities have helped to shape the game.

Multiculturalism in Australian Football is open daily from 10am-5pm until October 31, 2015 at the Immigration Museum. For more information, visit www.museumvictoria.com.au/immigrationmuseum

Masterpieces from the Hermitage: The Legacy of Catherine the Great

This exhibition showcases some of the world's greatest art collections. More than 450 pieces from The Hermitage Museum in St Petersburg are on display at the National Gallery of Victoria until November 8.

The Hermitage Museum was founded by Catherine the Great in 1764, and is one of the largest and oldest museums in the world.

Catherine the Great personally collected the works that are featured in the exhibition.

Minister for Creative Industries, Martin Foley, said that it's a once in a lifetime opportunity for Victorians to experience the work of great European masters.

Visit www.ngv.vic.gov.au/exhibition/masterpieces-from-the-hermitage for more information.



HIGHLIGHTS



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www.lordcoconut.com



The Right to Know

An exhibition that highlights the history of the Australian Red Cross International Tracing Service.

Immigration Museum
400 Flinders St
museumvictoria.com.au/immigrationmuseum/whatson/the-right-to-know/



Paintings of Margaret Dredge



Screen Worlds

An exhibition that charts film's early beginnings to the rise of technology today.

Open daily from 10am-5pm
ACMI
fedsquare.com/events/screen-worlds

AFTERWORK



MELBOURNE FESTIVAL

Enjoy everything Melbourne has to offer during this multi-arts festival

Melbourne Festival is basically a festival for Melbourne – to celebrate and engage residents all over the city. This year the festival will take place from October 8-25.

The festival is a key highlight in Australia's culture calendar. Some of the finest national and international artists debut their work in dance, theatre, music, visual arts and multimedia.

There are also a variety of free, family and outdoor events. Melbourne festival has also teamed up with several eateries in the

CBD to offer special deals on meals. (For more information, head to www.festival.melbourne/festival-info/festival-feasts.)

There are a variety of events to suit everyone. Here are some old (and new) favourites you can expect.

Melbourne Art Trams are once again taking to the tracks. Keep an eye out for the trams that some of Victoria's top artists have transformed into mobile art installations.

Take part in the free Tanderrum ceremony with elders from the five clans of the Eastern Kulin (Wurundjeri, Boon Wurrung, Taungurung, Dja Dja Wurrung and the Wadawurrung) to celebrate their rich cultural heritage and formally open the 2015 Melbourne Festival. The opening will take place from 6.30pm at Federation Square, on Thursday, October 8.

From Friday, October 9 until Sunday, October 25, you can view the installation KIRIN Bit.Fall at the Foxtel Festival Hub. KIRIN Bit.Fall uses more than 360 individual valves to release water in precise arrangements, creating an endless stream of words that appear and then instantly disintegrate as they fall. The words will be randomly selected from Twitter posts with the hashtag #KIRIN and #KIRINbitfall.

Discover a strange and ultra-sensory world at *The Secret Garden* exhibition by Swedish artists Nathalie Djurberg and Hans Berg. Djurberg and Berg's work will be premiering in the southern hemisphere for the first time. The exhibition is taking place from Saturday, October 10 until Sunday, October 25 at the Australian Centre for Contemporary Art.

For more information about events, visit www.festival.melbourne

HIGHLIGHTS



Rock Stars of the New Economy

B Lab Australia & New Zealand have joined with Melbourne Knowledge Week to present a special event that will challenge and inspire you. Three rock-star quality speakers will present on why it was important for their businesses to become B Corporations.

Tuesday, October 20 – 5.45pm to 8.30pm
Federation Square - Deakin Edge



Goldsbrough Lane Gourmet

Farmers' Market

Your one stop, convenient city shop for farm fresh and hand-made produce, with 25 proud and passionate stallholders eager to meet you.

The first and third Thursdays of the month, 4.30pm – 7.30pm
www.goldsbroughlane.com.au



Crab Lab

The best comics from TV and radio will make your sides split.

Every Wednesday from 7.30pm-10.30pm
House of Maximon, 16 Corrs Lane
www.facebook.com/crablab69



A Night of Tease

Burlesque Nation will showcase some of the finest burlesque performers in the world.

Friday, October 16 from 8pm-10.30pm
Speakeasy HQ, Level 2, 377 Little Bourke St
www.speakeasy-hq.com



Dis-Organ-Eyes

The students from RMIT's Sculpture, Sound and Spatial Practice course will present all new works in Dis-Organ-Eyes. Expect to hear dark sonic textures, see interactive projections and be immersed in all-encompassing soundscapes.

Wednesday, October 7, 8pm – 9.30pm
Melbourne Town Hall
90-130 Swanston St



FoodSocial Global Feast

Come to Denmark House for a social night of Danish flavours and fun. Learn about Danish culture and cuisine from Danish-born TV celebrity chef Bente Grysbæk.

Friday, October 23, 7pm – 9.30pm
Denmark House, 428 Little Bourke St
foodsocial@gmail.com

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WEEKEND

THE MONTH OF FESTIVALS

Malaysia Street Festival

This festival is bringing the best authentic Malaysian cuisine from some of Melbourne's top restaurants.

The festival will take place from 9am-4pm at Queen Victoria Market on Sunday, October 11. The day includes a mix of family and kids activities, competitions and language and music workshops.

There will also be performances from Malaysia's celebrated festivals of the Eid, Chinese New Year, Divali and East Malaysian traditions. It's a delicious taste of Malaysian food and culture.

For more information head to www.alivegroup.com.au



Meyers Place Latin Fiesta

Once you've had your fill of the Malaysia Street Festival, you can head over to the Meyers Place Latin Fiesta to enjoy the spirit of a Latin-American market.

The Meyers Place Latin Fiesta is also on Sunday, October 11, from 11am-6pm in Meyers Place. Local traders are taking part to bring the best of Latin America's food and culture to Melbourne.

Visitors can also expect Latin-inspired music and dancing (with the opportunity to enjoy a free salsa or samba lesson), and children can enjoy a variety of circus and magic performances.

The event is taking place for the second time after its success in 2014. For more information, visit www.facebook.com/meyersplacelatinfiesta



Medibank Melbourne Marathon Festival

The Melbourne Marathon has become one of the biggest marathon events in Australia. This year the Marathon is taking place on Sunday, October 18.

There are a variety of events to suit all fitness levels, including the Medibank Melbourne Marathon, the Medibank Melbourne Marathon for wheelchair competitors, the Half Marathon, the 10km Run, the ASICS

5.7km Run and the ASICS 3km Walk. The entry fees and starting times on the day vary according to the event.

The Medibank Melbourne Marathon Festival is a chance to test yourself and raise money for a good cause.

Enthusiasts may also enjoy visiting the Active Fleet Runners Expo. The expo will run from Thursday, October 15 until Sunday, October 18 at the base of the Melbourne Cricket Ground.

For more information about how you can take part, visit www.melbournemarathon.com.au

HIGHLIGHTS



CBD Brunch!

The recently refurbished Metropolitan Hotel is now open all day Saturdays for brunch, lunch, dinner and drinks! Join us from 9am.

The Metropolitan Hotel
263 William St
www.metropolitan.melbourne - 9670 1385



Brocante Marche

A market with a twist on the French vintage markets.

Sunday, October 4, 9am-4pm
Queen Victoria Market
www.qvm.com.au



Gilbert and Sullivan Performance

Join in an afternoon of wit, parody and song with a selection of your favourite Gilbert and Sullivan songs performed by the infamous Savoy Opera Company Inc.

\$10, Sunday, October 4, 1pm - 2pm
St Michaels Church
121 Collins St, 9654 5120



As If: Public Art Walks

The Women's Art Register has commissioned four Melbourne-based artists to lead walks to explore a selection of public artworks created by women.

The third walk will be led by Maree Clarke, who will begin her walk at SCAR: A Stolen Vision.

Enterprize Park, 469-503 Flinders St
Sunday, October 25, 11am - 1pm



Victorian Seniors Festival

Seniors can enjoy a variety of free and low-cost social, cultural, educational, body and soul activities.

Federation Square
Thursday, October 1 - Saturday, October 31
www.seniorsonline.vic.gov.au



Eureka Challenge

Join in the Eureka Challenge by deciphering clues and discovering the influences of Greek design on some of Melbourne's most monumental landmarks.

Sunday, October 11. All day
Hellenic Museum, 280 William St
8615 9016

Albert is living the fantasy

Albert Ullin's fantasy world is real. Perched high above the CBD streets, his apartment is crammed full of children's books and illustrations.

It's been many years now since he passed on custodianship of the Little Bookroom but his private collection is bursting at the seams.

Unlike some other forms of publishing, children's books have never really translated across to the digital world. These wondrous tales and images are rightly packaged between hard covers which, when opened and pages are turned, invade and infect developing minds with possibility and awe.

Mr Ullin, 85, jokes that his two vices are smoking and collecting children's books and illustrations.

"I've tried to stop, but I can't," he says on both counts.

The best of his collection of original illustrations is on display until October 4 at the Ian Potter Centre at Federation Square, under the title *Bunyips and Dragons*.

The title is a clue to how Mr Ullin's obsession started. His first pieces were acquired as acts of patronage for struggling and emerging young illustrators.

Mr Ullin explained that original illustrations from Ron Brooks' *The Bunyip of Berkeley's Creek* and Peter Pavay's *One Dragon's Dream*, started the ball rolling.

Both artists "haunted" the Little Bookroom seeking, and finding, inspiration in



Melbourne's pre-eminent children's bookshop.

"Ron would sit on the floor for hours, studying the designs," Mr Ullin said, Albert's third piece was from Graeme Base's *My Grandma Lived in Goligulch*.

Mr Ullin's late wife was involved in art galleries at the time and assisted emerging book illustrators by exhibiting and selling their works.

Sadly, the couple didn't have children of

their own. "I love kids," Albert said.

Mr Ullin established the Little Bookroom in 1960 and sold the business to staff in 2004. He still has regular contact with the current owners. It was first established in the now-demolished Metropal Arcade and is best known for its Elizabeth St location, opposite the GPO.

Soaring rents later saw the store relocate to Carlton, but a small branch can be found in DeGRAVES St.

Mr Ullin lived in a large, double-storey house in North Melbourne and downsized to a CBD apartment in Exhibition St three and a half years ago. And, while he down-sized his living space, his ample collection means there is even less room for him.

These days he is sorting out his valuable collection of books, illustrations and memorabilia with the intention of donating the best of it to the public.

He loves the amenity of the city, but has a couple of pet hates - skateboards and pedestrians who don't walk on the left.

He also misses having access to hardware stores but also admits that he has no real need for tools and garden supplies in his new environment.

Mr Ullin is very upbeat though and displays a broad grin and the cheeky heart of a child.

"Being so close to all the restaurants is fabulous," he said. "And I am so close to the State Library. I spend a lot of time at the library and asked the staff whether they could set up a flying-fox from my window."



CBD Local

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Street Art

Tuff ♥

After a hiatus of two years, the past few months have seen Mike Eleven return to the street art scene with gusto and his *Tuff Gurls* series that references the young women he's surrounded by.

They are tuff on the outside but soft on the inside – “tuff angels”.

He was getting really discouraged with his subject matter i.e. burgers and ugly guys as he felt they had a childish look to them. So the *Tuff Gurl* series has become a change of direction.

He wanted to paint differently to others, who paint female as super-sexual, fantasised and fetishised images.

Mike is still working out his approach but he's enjoying the challenge of painting something that has both a street aesthetic and is still super cool.

“People say my girls have melancholy expressions but I say that's just attitude! They have unapologetic attitudes especially about feelings but are still vulnerable. All, of course, with a sense of Melbourne style,” he said.

The “Eleven” part of his street name came about with he first started writing graffiti. He “nerded out” on the New York scene where everyone used to write their street numbers after their tags. This he emulated, eventually dropping the tag but keeping the Eleven.

When his rock-star and dancing career didn't work out, Mike took up graphic design. And, for a while there, he felt he could only be one thing. If you were a designer then you couldn't be a painter. But the change to a less demanding job has seen this turn around for him.

Although Mike has been offered an exhibition, at this stage in his development he can't see how his work would translate into one.

“It would be too illustrative and I'm just not ready to jump into a show. Some of the ‘old masters’ didn't hit their prime until they were well into their senior years. So what's the rush?” he said.

He's still finding his feet and is critical of fellow artists who are rushing into exhibitions.

“They need to give themselves a level of patience. Because, in this Instagram world, people are showing their work everyday,” he said.

“And, without a break in these postings,



it's hard to notice and contrast any improvement. This instantness can also make people feel pressured by constantly outputting. There's no rush to make it in art and if you're just doing it for the money, then you're fueling more commercialism. Whereas, a piece put up on the street is not done with a value in mind – it's just the best you can do at the time.”

Mike went on to lament the changes in the local street art scene. He feels that a lot of the spirit has gone from places, especially Hosier Lane.

“It's become very sterilised and the scene has lost a lot of its drive. The mid-2000s was a huge time for the movement but now it seems that it's just a trend, a fad, that people jump into and jump out of.”

He reminisces about the Everfresh crew,

who painted passionately everyday and for the love of it.

“We don't see this anymore. We just have ‘superstars’ who get all the work and newcomers trying to emulate them. It's almost as though there's no experimental stage and everyone's just regurgitating what's already been done. There isn't the feeling of community that there used to be, everyone is out for themselves!”

Mike feels that people are cashing-in on street art because of its popularity and it's become easy to market as something commercial for monetary gain.

The scene is not as artist-driven as it used to be. He would like to see more fostering of young people such as the projects initiated by Signal, a City of Melbourne creative art studio for young people, where they are

mentored and given the opportunity to work with professional artists.

“However, at the end of the day, it's cool that people can jump into street art without having to go through the tough initiation stages of graffiti,” he said.

As for Mike Eleven's future? Along with graphic design, painting on the street, and photography, he is currently experimenting with stand-up comedy.

Clearly he's “one with the lot”. But he stresses that, at the end of the day, he just wants a creative outlet, whatever that may be.



Lorraine Ellis

If you are interested in Melbourne street art there is more on my Facebook page, **StreetsmART**

COMING UP AT ST MICHAEL'S ON COLLINS

MARTIN BUBER COMMEMORATIVE LECTURE

6PM, THURSDAY 22 OCTOBER

Dr Francis Macnab explores the continuing influence of Martin Buber, a great sage of the 20th century, on today's psychoanalysis, politics and religion.

With special guest Rabbi Dr John Levi.

Refreshments at 6pm, lectures starts 6.30pm.

This is a free public lecture.

RSVP online at www.stmichaels.org.au or call 9654 5120.

WILMA SMITH & FRIENDS CHAMBER MUSIC CONCERT

7PM, FRIDAY 13 NOVEMBER

Inspirational chamber music with a quartet of musicians hand-selected by Emeritus Concertmaster of the Melbourne Symphony Orchestra, Wilma Smith.

Featuring Donald Nicolson on harpsichord, Marya Martin on flute, Wilma Smith on violin and Alvin Wong on cello.

Doors open at 6.30pm, performance starts at 7pm.

Tickets: \$30 full, \$15 concession, \$5 student.

Book online at www.stmichaels.org.au.

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Literary Critic



In praise of reading

By Rhonda Dredge

New Zealand novelist Eleanor Catton filled the CBD's Deakin Edge theatre with readers during Melbourne Writers Festival, using the delicate art of narrative to give them wings.

Catton's most recent novel, *The Luminaries*, took her five years to write and is a structural masterpiece set in the New Zealand goldfields. The novel uses old-fashioned storytelling techniques she gleaned from several preparatory years spent reading historical works.

Many critics mourn the passing of nineteenth century "realism" but Catton has been able to resurrect the genre by the use of extensive research.

She told an attentive audience that she might spend two years taking notes before beginning on a fictional project. She wrote the 832-page novel, which won her the 2013 Man Booker prize, in one draft.

Catton is so convinced that reading is the answer to writing that she has set up a \$15,000 fund for New Zealand writers to encourage them to read more. Writers can apply for a grant for a reading project then write a report for her website Horoeka Reading.

Catton backed up her provocation by delivering a lecture on reading, entitled *On Purpose*. She claims that the contemporary tendency to put an economic or market value on all activities has defined reading in terms of its utility.

No-one denies that intelligence can be acquired through reading but she says that the endpoint does not justify the means. In the imaginative effort put into reading "purpose is everything" rather than something tacked on at the end.

"You make a sacrifice and can't go back again," Ms Catton told the packed theatre. Reading is a counterpoint to "ethical cynicism" which leads to erosion of story.

"You can't read if you're bored," she said. "The picture won't go on like it does on TV."

Catton, whose mother was a children's librarian, is the youngest author to win the Man Booker. Many of her ideas are based on the narratives she read as a child.

"Reading can't be delegated or mass-produced," she said, for it deals with fine distinctions of meaning at the level of the word. Every nuance will be picked up by a reader who is looking for clues.

The fictional world might appear normal but the paintwork will be slightly blacker, the atmosphere a little gloomier and strange little creatures might be lurking in cupboards.

History



Shipping on the Yarra River

Victoria Dock, Melbourne 1913

During the early years of European settlement in Melbourne (1830s - 1840s) a sand bar at the mouth of the Yarra River prevented the passage of vessels up stream to the small settlement of Melbourne. Large vessels were forced to anchor off Sandridge (Port Melbourne) or Williamstown with passengers and luggage being brought to Melbourne by land or by ferry.

It was described in 1835 by JH Wedge, surveyor with the Port Phillip Association as "a twisted cantankerous river ... so choked with the trunks and branches of trees and other obstructions that it renders its navigation a matter of difficulty and delay to even the smallest of coasters."

It wasn't long before Melbourne's commercial community agitated to connect the city and port with a ship canal.

In 1877 the Melbourne Harbour Trust was formed and one of its first activities was to build the Coode Canal. This canal shortened the distance from Hobson's Bay (the mouth of the Yarra) to the city by 3km and led to the building of new wharves and the construction of Victoria Dock which was opened in 1892.

Growth in the number of vessels along with the increase in trade led to a further development of the port facilities. In 1906 the Coode Canal was widened and deepened and there were further developments of river wharves and open docks. Appleton Dock was

first planned in 1914, but because of lack of funding, it was not opened until 1958.

This photograph of Victoria Dock, taken in 1913, shows a waterway wide enough for ocean going vessels. In the foreground to the left is the cargo ship Port Hunter, registered in London. Behind a rowing boat with men and a bicycle aboard, then an un-named dredger plus the tug Osprey. In the distance are the masts of a coal hulk - indicating the dominance of steam-power and the diminishing importance of sail.

The photograph was taken by amateur photographer Robert Law (1870 - 1930). Many of his informal shots are held at the Royal Historical Society of Victoria.

The Royal Historical Society of Victoria is the peak body for local history in Victoria. It has an active program of exhibitions, monthly Tuesday night talks, a book shop specialising in the history of Victoria, and collections for research.

The RHSV is at 239 A'Beckett Street Melbourne. Open Monday - Friday 10.00 - 4.00pm. www.historyvictoria.org.au

Everybody is welcome.

Currently on display: *Nail Can to Knighthood: The life of Sir Macpherson Robertson*.



Kate Prinsley

Kate Prinsley is executive officer of the Royal Historical Society of Victoria

Fashion

It's a race of flowers

By Laura Timberlake

Every major race day in the Spring Racing Carnival has a specific flower dedicated to it. These serve as an official emblem, a symbol of celebration and (for the dedicated punters) a symbol of luck.

To create a twist to your race day outfit, why not consider incorporating one of the symbolic flowers?

These are the flowers for the appropriate days:

- White Freesia - Turnbull Stakes;
- Lavender - Caulfield Guineas Day;
- Dutch Blue Iris - Catanachs Jewellers Blue Sapphire Race Day;
- White Rose - Crown Golden Ale Caulfield Cup;
- Cecil Brunner Rose - Cox Plate Day;
- Cornflower - AAMI Victoria Derby Day;
- Yellow Rose - Emirates Melbourne Cup Day;
- Pink Rose - Crown Oaks Day; and
- Red Rose - Emirates Stakes Day.
- Leucadendron (Safari Sunset) - Spring Carnival in the Country

Men traditionally wear the flowers as buttonholes on the day, but fortunately the ladies can have a lot more fun with them!

It's advisable to use a florist for any floral pieces, because garden flowers can end up drooping. (And if you're entering any fashion on the fields competitions, that's the last thing you need!)

A florist can also deliver to your doorstep, taking some of the hassle out of the race day frenzy.

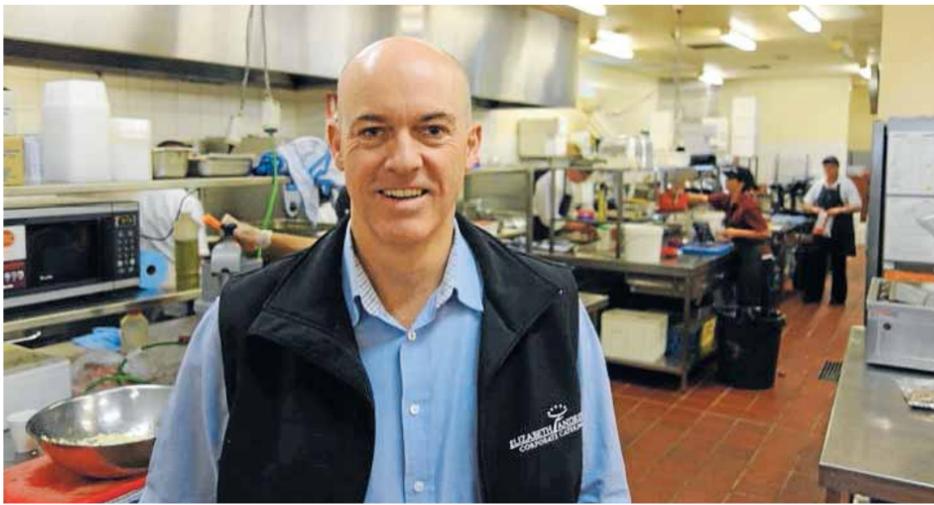
Popular options to consider:

- A floral fascinator;
- A floral bracelet or wrist corsage;
- Colour co-ordinate your race-day with the symbolic flower;
- Decorate a hat with the race-day flower; and
- Consider a single flower or a cluster through your hair.

The flower theme doesn't have to stop at attending the races, either. Are you planning on a barbecue with friends to watch the race? Or maybe a night out at the pub with your mates? You can still have a flower theme!

The beauty of it is that it's really up to you. Some people choose to plan their outfit from the shoes up (or vice versa) - but if you plan around a specific flower, half the decisions are made!

Business Advertorial



General manager Duncan Scudamore.



Only the best ingredients.



If it's late, it's free.

Corporate catering in the CBD

It was 1991 and Elizabeth and Andrew Dunoon set out to achieve the Australian dream of owning their own home and business. What started back then as Hannigan's Cafe in Lonsdale St has today evolved into the highly-successful Elizabeth Andrews Corporate Catering.

Andrew recalls that in 1991, business was going from strength to strength until a recession wiped out many firms overnight.

"I couldn't believe it, 50 per cent of our customers had relocated from our area. The 12-storey building we were in was empty, as was the 14-storey building across the road," Mr Dunoon said.

While the catering element of the business continued to thrive, the cafe element fell away. They soon realised that a 100 per cent focus on catering was the way to go.

"Because we wouldn't be distracted by our

retail cafe trade, we could deliver a standard of catering that others could only dream of."

The solution? To close the cafe and move to bigger premises. They moved to 230 King St which resulted in further unprecedented growth thus forcing another move to the even-bigger current premises at 309 King St.

"State of the art, custom-designed and bang in the heart of the CBD!" Mr Dunoon said.

"Our customers love the fact that we are so close, that we are 100 per cent focused on their catering delivery and cannot be distracted by retail cafe trade of our own."

In July, 2014 Duncan Scudamore joined the business as a 50 per cent equity partner and general manager. Duncan has taken responsibility for the management of the company and is injecting his years of big caterer experience into Elizabeth Andrews.

We've all heard that old chestnut "we're unique in the industry", well in this case Elizabeth Andrews is true to form.

- Elizabeth Andrews is the only company that guarantees on-time delivery - if it's late, it's free - no questions asked.
- No dedicated catering business has its central production kitchen in the heart

of the CBD. Elizabeth Andrews' central location in King St means it is perfectly placed to deliver last minute orders.

- It takes food safety seriously so 100 per cent of their vans are refrigerated.
- With no retail cafe trade to distract them their clients take comfort in the fact that they always turn up - guaranteed.

If you've never used Elizabeth Andrews before and you mention *CBD News*, they'll give you \$50 off your first order over \$200.

For more, see www.elizabethandrews.com.au or ring 9670 4361.

New dental clinic

If your pearly whites are in need of some attention then head on over to the city's newest dental clinic.

Located at the base of the Channel 9 building at 717 Bourke St (enter via Aurora Lane), Southern Cross Smiles is close by for local workers and residents and is easily accessible via Southern Cross Station for those travelling on public transport.

For patients wanting to drive to the clinic, there is convenient and secure undercover parking on Mayfield Field (access via Aurora Lane).

Southern Cross Smiles' principal dentist, Dr Sharma, said the city needed a local dentist.

"This location is very happening, there are lots of people living and working here," she said.

"The west end of the city is growing and so the dental needs will grow too. We can provide a health service to the community and be an integral part of it."

The clinic opened in August and practice manager Gaurav Bhardwaj said the local community had been very welcoming.

Mr Bhardwaj holds a master's degree in business administration and says he has extensive experience running a dental

clinic in suburban Melbourne.

Principal dentist Dr Sharma said she had been a dental practitioner for many years in the Melbourne CBD and the greater Melbourne region.

The Docklands clinic is the second practice the pair has established together and, according to the pair, it employs the latest technologies and innovations in the dental industry to deliver superior dental care at an affordable price.

They said Southern Cross Smiles was a state-of-the art dental clinic both in terms of the equipment used and the interior layout.

According to Mr Bhardwaj, at Southern Cross Smiles "the most important principle is still empathetic patient care at a fair price."

"Our aim is to provide exemplary dental healthcare using cutting edge technologies," Mr Bhardwaj said.

Southern Cross Smiles offers a range of dental services including preventative dentistry and restorative dentistry. The



Dental nurse Mona Patel, principal dentist Ruchika Sharma and practice manager Gaurav Bhardwaj.

clinic also offers in-house mouth x-rays.

According to Dr Sharma, Southern Cross Smiles specialises in cosmetic dentistry and full mouth rehabilitation including braces, teeth whitening, veneers, crowns and dental implants.

The practice is also offering an opening special to patients and can provide a full check-up and clean for \$199, which includes a full-mouth OPG X-ray and fluoride treatment.

"For each and every patient who takes up

this offer we do a full mouth check-up, we take pictures of their teeth, we guide them through what needs to be done and how they can maintain it," Dr Sharma said.

This clinic is also offering free dental checkups to all new patients and no gap checkups to patients with private health insurance.

You can find Southern Cross Smiles at 717 Bourke St (enter via Aurora Lane).

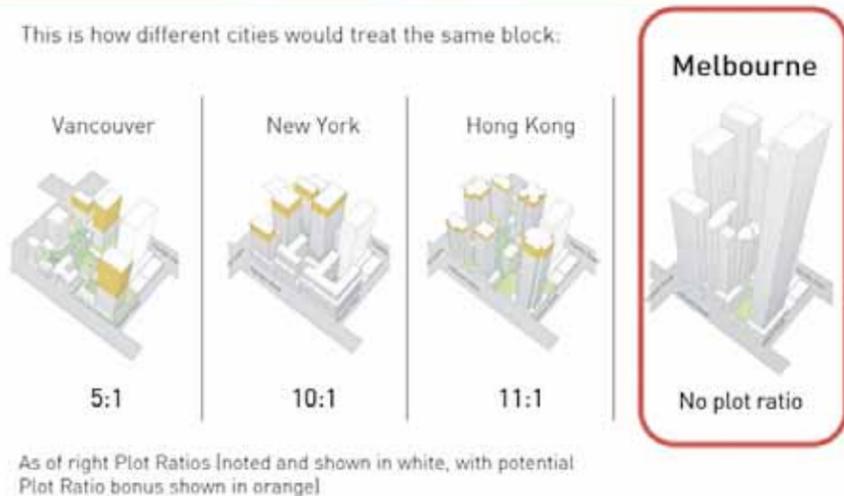
For more information see www.scsmls.com.au or call 9670 0321.

Planning

Interim planning controls

INTERNATIONAL DENSITY COMPARISON

This is how different cities would treat the same block:



Source: Leanne Hodyl - Churchill Fellow

Chief amongst planning news in an otherwise quiet period within the CBD is the introduction of the Victorian Government's new interim planning controls for the CBD and parts of Southbank – Amendment C262 to the Melbourne Planning Scheme.

The interim controls see the re-introduction of site plot ratios. Additionally, the City of Melbourne has been made a referral authority, after the council signed a memorandum of understanding with the Victorian Government. The interim controls will be in-place for a year allowing for consultation and feedback before permanent controls are adopted.

The Government's swift implementation came with no warning drawing the ire of some within the industry due to a lack of consultation and transparency in its conception. Broadly speaking Amendment C262 includes the following:

- A new Schedule 10 to Clause 43.02 has been inserted to the Design and Development Overlay;
- Buildings up to or equal to 100 metres in height will require a tower setback of minimum five metres to all boundaries or from the centre of a laneway above the podium;
- Buildings above 100 metres in height will require tower setbacks to be the equivalent of five per cent of the building's overall height and, likewise, these tower setbacks will be required to all boundaries or from the centre of a laneway above the podium height; and
- A plot ratio requirement of 24:1 has been added.

A plot ratio, or FAR (floor area ratio), is a tool which relates to gross floor area

and prescribes the maximum density allowable for a development site. For an example, alongside other new controls, a 1000 square metre site in Melbourne's CBD will now only be permitted to have up to 24,000 square metres of gross floor area. There is, however, scope for individual proposals to be exempt from some of these new provisions based on individual circumstances – mainly height. Setbacks will be mandatory.

In addition to the above, mandatory height limit have been introduced in prescribed areas such as Chinatown, around St Paul's Cathedral, Town Hall and Parliament.

One project that appears likely to be affected is the development at CBUS's 447 Collins St which was not far off being lodged for planning before the planning controls were introduced.

All existing applications will be determined under the previous requirements of the Melbourne Planning Scheme. It has been reported that the City of Melbourne are supportive of the 447 Collins proposal being assessed under the old criteria due to the timing.

The city has previously supported a 75-storey 295m proposal on the site due to the provision of significant green public space. Matthew Guy, the planning minister at the time, didn't share that view and rejected the proposal sending CBUS and their design team of SHoP and Woods Bagot back to the drawing board.

The city has also expressed a desire to completely close off Market St to traffic to allow for 1500sqm of green space. They have been in talks with CBUS to accommodate the space as part of its development.



Laurence Dragomir

Laurence is an Urban Melbourne director with expertise in the CBD urbanmelbourne.info

Pieces



As spring begins to settle in and the weather is becoming a bit warmer, Pieces decided to travel the streets in style by taking one of Melbourne's famous horse and carriage tours along Swanston St.

Back in the early days, horses were the main source of transporting people and goods all over Victoria. These days however, they've become rather obsolete next to a car or train, although they're not forgotten, as these horse and carriage tours prove.



Kalani Robinson

If you are interested in more pics check out Kalani's Instagram, [@Citylifeofpieces](#)

Pet's Corner

Chareli's Angel

By Katie Wong Hoy

This Maltese Cross Shih Tzu is Chareli's Angel

Escaping the hustle and bustle in Melbourne's CBD, Chareli Seet and her dog Wira enjoy a quiet afternoon at Flagstaff Gardens.

Wira is a three-year-old Maltese Cross Shih Tzu that captured Chareli's heart on the website Gumtree.

"I just wanted a dog and I just saw that the five puppies were quite cute so I had to have a look," Chareli said.

Chareli is originally from Malaysia, moved to Sydney in 2007 and has now lived in Melbourne for nearly five years. She works as a line cook in Fitzroy and likes to explore the city with Wira in her spare time.

"On my days off I try to bring him out when I am doing stuff ... because otherwise I don't get to spend enough time with him as well," she said.

"[In Melbourne] You can just walk around and still discover new things every day."



Wira certainly enjoys his city adventures, but he likes to play by his own rules.

"He likes to have a lot of walks and just play with other dogs. He tries to play fetch but he's not very good at it ... he brings it back but he won't let go!"

WHAT'S ON COMMUNITY CALENDAR

FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | **OCT** | NOV | DEC | JAN



INNER MELBOURNE LIFE ACTIVITIES CLUB

Meeting on selected dates and various locations, IMLAC takes in the city's parks, its culture, fabulous eating options as well as festivals, galleries and concerts.

www.life.org.au/imlac
or call Carolyn on 9696 1090



First Thursday of Each Month, 10am @ The Docklands Library SUNRISE PROBUS CLUB

Probus Clubs for over 50's. Keep your mind active, meet new friends, share interests and enjoy activities.

Contact Sue on 0418 562 181 or weddsuzanne@gmail.com

October 10 - Two Workshops
414 La Trobe St, Melbourne

HEALTHY HEARING WORKSHOP

FREE workshops to receive useful tips and practical information about managing your hearing health as you age. 10am - 12noon and 2pm - 4pm.
Ph: 1300 761 667



7.30am - 8.30am Tuesdays @ Fed Square

TAI CHI

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7:20am for a 7:40am Start Tuesdays ROTARY CLUB MELBOURNE

Interested in what we do? Join us for breakfast! We meet at the RACV City Club 501 Bourke St, Melbourne.

rotaryclubcentralmelbourne.org.au

5:30-7pm Wednesdays @ Flinders St Ampitheatre, Fed Square

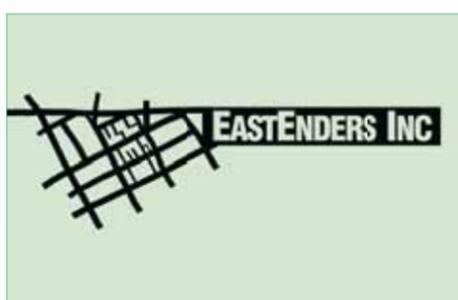
NIKE+ RUN CLUB

Nike+ Run Club is one of the largest free training run clubs held globally.



Third Tuesday of Each Month
EASTENDERS COFFEE CLUB

Come along and join the company of friends and neighbours. Meet new people and be informed. 10m, Pomodoro Sardo Restaurant, Cnr Lonsdale St and Jone Ln.
eastendersinc@gmail.com



Meets Second Tuesday of the Month
7pm - 8pm, Boyd Centre, 207 City Rd, Southbank

MELBOURNE CITY SOUTHBANK LIONS CLUB

Contact: chengji1214@gmail.com



8am - 9am Fridays @ Fed Square

HEALTH QIGONG

Exercise your mind, body and soul with free Qigong classes.
(The Atrium in wet weather).

11am - 5pm Saturdays @ Fed Square

BOOK MARKET

Join Melbourne's bibliophiles at the city's largest weekly book market, in The Atrium at Fed Square



PRAYER TIMES

St Michael's

120 Collins St, Melbourne, 3000
Ph: 9654 5120

Church times:

Sunday Service at 10.00am

Free organ recitals at 1.00pm on Thursdays.

If these times are not convenient, you can call the office during office hours (Monday to Friday 9.00am to 5.00pm).

Chabad of Melbourne

Suite 301, 343 Lt Collins St

Ph: 9525-9929

Chabad of Melbourne CBD hosts regular lunchtime lecture series on various topics.

City on a Hill

Sundays at 9am, 10.30am and 6pm.
Hoyts Cinemas, Melbourne Central

Collins Street Baptist Church

174 Collins St

Ph: 9650 1180

Sundays services: 10.30am and 5.00pm

Hillsong City Youth

Krimper Cafe, 20 Guildford Lane, Melbourne

- Every Friday 7pm-9pm

Holy Cross Orthodox Mission

261/265 Spring St

www.australianorthodox.org

Scots' Church

156, Collins St

Ph: 9650 9903

Sundays 10:30 am (Indonesian), 11:00 am (Traditional) and 5:00 pm (Contemporary)

St Francis' Church

326 Lonsdale St | 9663 2495

Sunday: 7, 8, 9, 11 am (St Francis' Choir) and 12.30, 1.30, 4.30, 6.00 pm

Filipino Community Mass: Second Sunday of the month at 2.30pm

Indonesian Community Mass: Third Sunday of the month at 2.30pm

St Paul's Cathedral

Cnr Flinders and Swanston Streets

Ph: 9653 4333

Sundays: 8.00am, 9.00am, 10.30am, 6.00pm (Choral Evensong)

St. Augustine's Catholic Church

631 Bourke St. Melb

Ph: 9614 1722

Sundays Mass: 10.30am & 8.00pm

Mon-Fri: Mass 1.05pm

Mon - Fri Confessions: 12.30pm

Second Wednesday of each Month: Mass 6.30 pm (Embracing Loss)

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ADD ON DOUBLE GLAZING

Competition

Entertaining is a bundle of fun

It is the start of Spring Racing, and it's easy to get into the spirit of racing without actually attending a meet.

Racing parties at home can be a lot of fun yet still run to theme. Consider running your own sweep from home. Or why not enjoy a picnic in a park?

A gift and hamper company like Bockers & Pony (www.bockersandpony.com.au) can take the stress out of a picnic by preparing a gourmet hamper for you! They even offer same day delivery in Melbourne.

Make sure you also keep abreast of the festivals that are coming up - the CBD has a variety of amazing outdoor activities.

Competition:

Thanks to Bockers & Pony (www.bockersandpony.com.au), we have a Good Times hamper (valued at \$299) to give away to help you start the celebrations!

The hamper includes:

- Heathcote Estate Vintage 2012 Shiraz
- 2 x Riedel Overture red wine glasses
- Wooden cheeseboard
- Laguiole cheese knife
- Artisan Grate Britain cheddar crackers
- Phillippas herbed spiced nuts
- Dolci Pensieri fig salami (a chocolate-coated fig roll)
- Pana Nuts chocolate
- Fine Cheese Co. lime and chilli paste
- Packaged in a Bockers & Pony suitcase

To enter, email laura@cbdnews.com.au by 9pm Sunday 18 October 2015 and tell us in 25 words or less why you would love a Good Times hamper.



Terms and conditions:

The promoter is the *CBD News*, Suite 108, 198 Harbour Esplanade, Docklands, 3008. The competition will run from 9am on September 24, 2015 until 9pm on October 18 2015. Entry is open to all residents in Victoria over 18 years. Entrants must email a 25 word entry to laura@cbdnews.com.au describing why they would like to win the Good Times hamper. One entry per person is permitted. The prize is a Good Times hamper from Bockers & Pony valued at \$299. The winner will be selected at the promoter's discretion based on the most creative entry. The winner will be notified via email on Monday, October 19, 2015. Entrants acknowledge that their contact details will be passed onto Cassette (on behalf of Bockers & Pony) to arrange delivery of the prize. If events occur that are beyond the promoter's control, the entrant accepts that no liability shall be attached to the promoter.

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